

Om Shri Param Krupalu Devay Namah

Udghosh Series –Week 1

Model Answer Paper

Marks: 50

While checking the paper, follow the points in the Model Answer Paper. Multiple options have been given to make it easy to check. Marks can be given if any of the options is written, or if its essence is captured in the answer.

FATHER'S DAY UDGHOSH

Marks: 35

(I) Choose the correct answer.

Marks: 3

Give one mark for each correct answer.

1. b) Not avoiding the dongs
2. b) admit that you are not worthy of the praise
3. a) the choices he makes

(II) Fill in the blanks.

Marks: 4

Give one mark for each correct answer.

1. learn
2. time
3. Samyagdarshan
4. gratitude

(III) Who am I?

Marks: 4

Give one mark for each correct answer.

1. Marichi
2. Bhagwan Mahavira
3. Sadhvi Mrugavatiji
4. Nelson Mandela

(IV) Answer in one sentence.

Marks: 12

Give two marks for each correct answer.

1. The worldly father takes care of the child's happiness, stability, security in this birth, whereas our Spiritual Father takes care of our past, present and future. / The worldly father takes care of our body and mind, whereas our Spiritual Father takes care of the purity of our soul, beyond the body and mind.
2. If it is just an frenzy (avesh) of dharma, it will last only till there are convenient circumstances, whereas if dharma has entered our lives, it will last even when those circumstances change.
3. One cannot get supreme feelings if the mind is wandering, fluctuating, violent, complaining mind.
4. Give 2 marks if answer is written.
5. 1) Our upkaris (Dev, Guru) 2) Family 3) Those who trust us
Give 1 mark if only one of these is written, 1.5 marks if two are written and 2 marks if all three are written.
6. Shri Namutthunam Sutra reminds us that all those I consider as my enemies are future Siddhas. This will help us overcome hate.

(V) Write true or false. Give reason if false.

Marks: 4

Give 2 marks for each correct answer.

If False written, but reason is not written or incorrect reason is written – give 0 marks.

For True, no reason is expected.

1. False. Intensity of the feeling reduces in both cases.

2. False. Use our head to make decisions, but when we get an ajna, use the heart to refuel and implement it. / Should know where to use the head and where to use the heart.

(VI) Answer in brief.

Marks: 8

1. Example - The balloons reach the ceiling because they are released from the ground. - 2 marks
 Parmarth - Moksh is not related to Siddhashila, but to freedom from passions and aversions (raag-dwesh). There are beings with the body of earth (pruthvikaay) on Siddhashila, but they do not enjoy the bliss of liberation. If we become free of passions and aversions here, we will experience the bliss of liberation. - 2 marks
2. Practical tip - Everytime we get angry with someone, give them Rs. 1000. - 2 marks
 How will it help - By doing this, we will get clarity that I have to change myself, and not the other. Our hate will start reducing. - 2 marks

BOUNCE BACK AFTER SETBACK

Marks: 15

(I) Choose the correct answer.

Marks: 2

Give one mark for each correct answer.

1. a) Staying cheerful
2. b) our outlook

(II) Answer in a few words.

Marks: 3

Give one mark for each correct answer.

1. getting up after every fall
2. Gladly accept it.
3. "Try me"

(III) Answer in one sentence.

Marks: 10

Give two marks for each correct answer.

1. He has a fear of failure / He thinks he should never make a mistake.
2. 1) God (Dev) 2) Guru 3) His philosophy / dharma
 Give 1 mark if only one of these is written, 1.5 marks if two are written and 2 marks if all three are written.
3. Changes are inevitable, thus this change or failure is also going to pass.
4. When: At the right time. / Before you become too sad or depressed or get stuck in your loop of wrong thinking. - 1 mark
 Whom: From Satpurush / From satsangis / From a support group of Satsangis after talking to whom we feel peaceful, positive, powerful. - 1 mark
5. Because we have Sadguru in our life.

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